



Positive Discipline Community Resources

Transforming Lives Through Respectful Relationships!

www.pdcrc.org

FREE CLASSES IN COLLABORATION WITH THE: FAMILY ENGAGEMENT AND WELLNESS CENTER

FREE
Virtual

When?

Thursdays from 6:00pm-7:15pm

Dates and Topics

Aug. 29 Intro to Positive Discipline

Sept. 5 Punishment vs. Discipline

Sept 26 Communication strategies

Oct. 3 Kind and Firm Parenting

Oct. 24 Understanding Misbehavior #1

Nov. 7 Understanding Misbehavior #2

Nov. 21 Navigating Power Struggles

Dec. 5 Bullying or intimidation



Where?

On Zoom:

zoom.us/j/81956654344

Password: pdcrc



Register:

- Text **831-292-4088** and share your name, ages of your kids, & your city
- <https://tinyurl.com/PDCR-wellness>